

**Twentieth Sunday in Ordinary Time B 1**  
**Proverbs 9:1-6**

You Are What You Eat

You are what you eat. People who reflect on their diet learn a lot about themselves. They discover their passions and temptations. They learn what they will not tolerate and what they cannot avoid. They discover the effect their choice of food has on others. It may hurt the family farmer and help global distributors.

People who do not eat healthy food pay a price more dear than the grocery bill. You are what you eat.

The Book of Proverbs envisions divine Wisdom as a woman who has prepared a lavish meal. She has built a house and spread a table within it. She invites to this table not those who are hungry for physical food, but those who are simple. Those who lack understanding may come to this meal.

Those who dine at Wisdom's table nourish their mind, not their belly.

The meal we share at church is small: a bit of bread, a sip of wine. But this food and drink is much more. It is the Body and Blood of Christ, the source of all wisdom.

When we make the Eucharist a part of our lives, we grow in wisdom. We make room for God.

When we eat the bread of life, we become what we eat. We are the Body of Christ.

**Readings For Next Sunday**

**August 22 & 23**

1st Reading...Jos 24:1-2a, 15-17, 18b  
2nd Reading...Eph 5:21-32 or 5:2a, 25-32  
Gospel...Jn 6:60-69

**ALTAR SERVERS**  
**(Week of August 17)**

Monday	Noon	Bud Koshewa
Tuesday	Noon	To Be Contacted
Wednesday	Noon	Bud Koshewa
Thursday	Noon	Steve Sternberg
Friday	Noon	<b>Communion Service</b>
Saturday	4:30pm	+J. Raque, K. Shaughnessy, E. Raque
Sunday	10:00am	+J. Cherry, B. Crum, A. Cherry

+denotes Crossbearer

**MASS INTENTIONS**  
**(Week of August 17)**

Monday	Noon	Phoebe Mattingly
Tuesday	Noon	Ray Fogarty
Wednesday	Noon	Martha & Jim Sullivan
Thursday	Noon	Dinah Lynn Diersing
Friday	Noon	<b>Communion Service</b>
Saturday	4:30pm	Louise A. Schoo
Sunday	10:00am	St. Raphael Community

**HOSPITALITY MINISTERS**  
**(August, 2009)**

4:30pm....David Worland (cpt), Joe O'Toole, Bryan Thiersch,  
**Need 3**  
10:00am... Skip Kiesler (cpt), John Ward, Bill Wagner, Ken  
Kaelin, Charles Armes, Mike, Jack & Patrick Creed

**EUCCHARISTIC MINISTERS**  
**(August 22 & 23)**

4:30pm...Team A... **George Gates, Cpt.**, Mike Armes, Judy Field-  
house, Don Bayers, Joan Raap, Cleo Leonhardt, Marty Purcell  
10:00am...Team E...**Bee McCormick, Cpt.**, Tom McCormick, Jeff  
Spoelker, Gerry Cambron, Ann Spencer, Jack Sullivan, Jan  
Pardieu

**LECTORS**

**(August 22 & 23)**

4:30pm...Tony Nall & Jacklyn Ochsner  
10:00am....Charles Shacklette & John Tichenor

**GIFT BEARERS**

**(August 22 & 23)**

4:30pm...Don Bayers  
10:00am...Susan Bientz

## Stewardship Reflection

Tithing for August 9.....\$12,612

If you do not see the reason for giving thanks, you might need to examine your life more closely.

### YOUTH MINISTRY NEWS

#### 7<sup>th</sup> and 8<sup>th</sup> Graders

Join us on Tuesday the 18<sup>th</sup> from 6-8PM for a Back-to-School Party. We will have pizza and refreshments.

#### High School

Join us on Thursday the 20<sup>th</sup> from 6-8pm for Baseball and Barbeque on the softball field. We will be having soft drinks and hot dogs.

#### National Catholic Youth Conference (High School)

The deadline for National Catholic Youth Conference is Thursday, August 20<sup>th</sup>. If you are interested in going please contact Nick Cummins at [nkcummins@bellsouth.net](mailto:nkcummins@bellsouth.net) or 458-2500 ext. 141 We still have a couple of spots available but time is of the essence!

National Catholic Youth Conference will be held November 19-21, 2009. The event is in Kansas City, MO this year's estimates are that over 20,000 high school Catholics will be in attendance. NCYC features live bands, Mass, Confession. Workshops and Fun!

Remember in your prayers our parishioners Josephine Brentzel, Julie Grantz and Marie May who were buried from St. Raphael this past week.

The first day of school is Wednesday. The entire Parish Staff would like to welcome all of our students and faculty back. We hope everyone had a great summer break!

The Auxiliary of the Little Sisters of the Poor is sponsoring their **Annual Dessert Card Party** on Saturday, September 12 at Holy Family Saffin Center, 3938 Poplar Level Road from 1-4pm. Everyone is invited. All proceeds go to the Little Sisters of the Poor. Admission is \$4.

### 2009 Fall Gennesaret Retreat

The Office of Pastoral Care will hold is 2009 Fall Gennesaret Retreat October 23-25, at the Abbey of Gethsemani in Trappist, Kentucky.

This is a retreat designed for persons who live with serious chronic illness or life-threatening medical conditions. It is a three-day overnight experience of prayer, unlimited hospitality & full nursing care. The retreat is offered free of charge Room and Board along with food-meals are also provided. The retreat staff members volunteer their time and service and the Archdiocese of Louisville covers operating expenses, including rental of the facilities and room and board. Free will offerings are gratefully accepted. This retreat is open to all faiths/religions, though it is a Roman Catholic retreat in format, prayer and style. The retreat provides time for rest, prayerful reflection & daily conferences. The Eucharist & Sacrament of the Sick are celebrated during the retreat. The staff includes medical personnel in addition to retreat team members who provide hospitality, companionship and personal assistance for all retreatants. The maximum number of retreatants that can be accommodated at Gethsemani is 15. There for retreatants to attend are on a first come first serve basis along with each situation will be made on a case-by-case basis. However a waiting list is maintained for last minute openings and for future retreats. If you or a loved on might be interested, please call the Office of Pastoral Care to speak with Jocelyn Frazier at 636-0296 ext 1244 to sign up and find our more information. All questions and inquiries are welcome!

## your attention please

Starting in August post cards will be mailed with the gift bearers schedule. We will be sending post cards to those who signed their Stewardship Intention cards wishing to take part in this ministry. There will also be a schedule posted in the back of church. Thank you for sharing your time and talents.

The Giants Club will be selling their extra supply of discontinued uniforms at the used uniform sale on 8/16. These items are great to use as a practice shirts. The uniforms and some spirit wear will be sold at bargain prices!! All proceeds will go to the Giants Club general fund.

The Sisters of Charity of Nazareth invite everyone to the **Nazareth Picnic** on Saturday, August 22 from 2-8pm on the Motherhouse Campus, near Bardstown, Ky. A fried Chicken dinner will be served in the air-conditioned Motherhouse Dining Room with two serving lines, multiple beverage and dessert stations from 2-7pm. Hotdogs and hamburgers will also be available on the picnic grounds. An outside dining tent will be available for your enjoyment. A variety of prize booths will be featured. Raffle items include monetary prizes, a quilt, and other specials. Entertainment and children's activities will be offered throughout the day. Additionally, if you would like to volunteer at the Picnic or need more information please call 348-1500. Come and enjoy!

**Regional Evening Religious Education** registration for 2009-2010 will be held at Our Lady of Lourdes Activity Center, Wednesday, August 26 from 6-8pm with a pot-luck dinner. Parents and children should plan to attend for the entire time as students will meet with teachers as well as register. Meat, drinks and paper supplies are provided. Families A-G are asked to bring a salad to share, H-O a vegetable, and P-Z desserts. Please bring a copy of baptismal certificate if it has not been verified previously. Because faith formation is ongoing, we expect our students to remain in our program for each continuous year and not just sacramental years. First Eucharist preparation is a two year process beginning in the first grade and culminating with formal celebration of the sacrament at the end of 2nd grade. We are also requiring that candidates for Confirmation be in our program for two years (7th & 8th grade). For more information call Ann Pifer (Our Lady of Lourdes) at 896-0241 or Eileen Walsh (Holy Spirit) at 893-3982.

### ***Please offer your prayers for our sick family & friends in the St. Raphael Parish community:***

*Bernadine Allbritten, Helen Bethards, Charles Bauer, Lucille Bauman, Mary Rose Brizendine, Jo Ann Carroll, James Caudill, Richard Chandler, David Charmoli, Victoria Clark, Pat Conner, Robert Coury, Martha Creed, Connor Day, Mary Jeannette Durham, Sara Fante, Daniel Flynn, Kay Forsthoefel, Frances Gibson, Sue Harris, Marcella Horney, Mary Kautzman, Damion Kline, Albert Knabel, George Koestel, Henry Krebs, A.C. Leonhardt, Cleo Leonhardt, Phyllis Lippy, Marilyn Malone, Andrew McKinley, Tom Meyer, Malinda O'Daniel Ron Parrino, Connie Peters, Dr. Richard Phelps, Tina Ray, Jean Reinstedler, Joesph Sauter, Elfriede Smith, Elmer Smith, Dorothy Thomas, John Tichenor, Anna Maria Verwest, Jane Wagner, Carol Walls, Mary Warken, Lillian Werkman, James Whelan, Marty Wiehebrink, Dorothy Wimsatt,*  
***(In an effort to keep the prayer list up-to-date, please notify the Parish Office of any additions or deletions.)***